

## We are hiring!

Families, are you or someone you know looking for a rewarding job? We are looking for outgoing and energetic **Dining Room Servers** to join our team! This is a fantastic opportunity as we offer flexible schedules with multiple available shifts. We are also looking for a **Part-Time Weekend Concierge** to work every other weekend. Stop by and see Dawn Cook to learn more about these positions. Or call 952-473-3200.



**Join our team! Immediate Sign-On Bonus upon hire!**

## Welcome to our Newest Residents!

Mary Lea A.

Arleen B.

Keith & Lois E.

James H.

Chuck & Darlene L.

John & Phyllis M.

Terry M.

Dick & Elizabeth S.

Darlene V.

Betty W.

Welcome

## OCTOBER BIRTHDAYS

**Bob U. - October 13th**

**Phyllis P.—October 27th**

**Jim H.—October 28th**

## Ode to Tina My Toe

Oh where oh where did you go  
The rest of Tina, my toe?

You once were there  
With space to spare,

But have now moved on  
To heaven knows where.

But Tina marches on.

~Poem by Dorothy Z.



## Contact Us

### Meridian Manor

163 Wayzata Boulevard West  
Wayzata, Minnesota 55391

Phone: 952-473-3200

Fax: 952-404-1540

[www.MeridianManorLiving.org](http://www.MeridianManorLiving.org)

Meridian Manor



## October 2018

**Beth Kuhlman**  
Executive Director

**Dan Day**  
Director of Plant Operations

**Dawn Cook**  
Business Office Manager

**LeAnne Feehan**  
Director of Health Services

**Lori Nugent**  
Director of Life Enrichment

**Luke Price**  
Director of Culinary Services

**Shelley Anderson**  
Director of Resident Relations

**Tom Freudenstein**  
Director of Community Relations



MM Times

Meridian Manor

## WELCOME SHELLEY ANDERSON



Shelley Anderson is Meridian Manor's newest team member in the role of Director of Resident Relations. As the Director of Resident Relations, Shelley will be working closely with residents and families. She will help new residents with the move-in process and help them get settled-in and acquainted with Meridian Manor. Shelley will be a part of the Leadership Team and will work closely with the nursing department, attending resident care conferences, visiting residents in the hospital and assisting residents and families with questions and concerns.

Shelley is a licensed social worker (LSW) and a certified senior care manager (CSCM). Shelley has been the owner of Lake Minnetonka Home Care and Senior Living Advising located in downtown Mound for the past two years. Senior housing option advising was her primary focus. Shelley is passionate about working with individuals and families with care and placement needs. Shelley has taught both senior housing and dementia classes for various community education programs. She also is a volunteer educator for the Alzheimer's Association and a volunteer for the Westonka Food Shelf. Shelley comes to us with personal experience as well. With her own parents she has dealt with breast cancer, autoimmune diseases, Parkinson's and her mother-in-law is currently living in a memory care in the area. Shelley currently resides in Minnetrista with her husband Todd and two cats-Samson and Chloe. Her husband is an independent computer consultant. Her daughter Allie attends the University of North Dakota studying dietetics and her son Logan is a freshman at Iowa State University studying engineering. Shelley is excited to be a part of Meridian Manor and looks forward to getting to know each of you on a personal level.

Shelley's office will be on the first floor near the bird aviary. Please stop by to welcome Shelley to the Meridian Manor team starting Monday, October 1st!

163 Wayzata Boulevard West

Wayzata, Minnesota 55391

952-473-3200



RESIDENT & FAMILY PICNIC: EMBRACE THE MOMENT



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Sun	Mon	Tue	Wed	Thurs	Fri	Sat
<p><b>Meridian Manor</b> 163 West Wayzata Boulevard Wayzata, MN 55391 952-473-3200 MeridianManorLiving.org</p>	<p><b>1</b> 10:15 MUSIC THERAPY, GV 11:15 CHAIR EXERCISES, WS 1:15 FIFTY CENT BINGO, WS 3:00 AFTERNOON SOCIAL, ML 3:30 BUZZ WORK, ML 6:30 DOCUMENTARY, WS <i>THE BETTE DAVIS STORY</i></p>	<p><b>2</b> 11:15 CHAIR EXERCISES, WS 1:15 BUS AROUND TOWN, ML 1:15 UNO CARDS, HH 2:15 HAND MASSAGES, HH 3:00 AFTERNOON SOCIAL, ML 3:30 TRIVIA, ML 6:30 SCRABBLE, HH</p>	<p><b>3</b> 11:15 CHAIR EXERCISES, WS 12:15 LUNCH OUTING: LOLA'S 1:15 YAHTZEE, HH 2:15 ONE ON ONE VISITS 3:00 AFTERNOON SOCIAL, ML 3:30 HYMN SINGING, ML 6:30 KINGS IN THE CORNER, HH</p>	<p><b>4</b> 10:30 CATHOLIC MASS WITH FR. MIKE FROM ST. BART'S, CP 11:15 CHAIR EXERCISES, WS 1:15 RUMMIKUB, HH 2:15 ONE ON ONE VISITS 3:00 AFTERNOON SOCIAL, ML 3:30 SCATTERGORIES, ML 6:30 COOKIE BINGO, WS</p>	<p><b>5</b> 9:30 WALKING CLUB, ML 11:15 CHAIR EXERCISES, WS 1:15 DOMINOES, WS 2:15 ONE ON ONE VISITS 3:00 OKTOBERFEST SOCIAL, ML 3:30 ENTERTAINMENT, ML ROY FLEMING 6:30 FRIDAY MOVIE NIGHT, WS <i>WE BOUGHT A ZOO</i></p>	<p><b>6</b> 9:45 MEMORY CARE ACTIVITIES 11:15 CHAIR EXERCISES, WS 1:15 QUARTER BINGO, WS 2:15 MEMORY CARE VISITS, MC 3:00 AFTERNOON SOCIAL, ML 6:30 SATURDAY NIGHT MOVIE <i>THE SECOND BEST EXOTIC MARIGOLD HOTEL</i></p>
<p><b>7</b> 11:00 SUNDAY BRUNCH, HP 3:00 AFTERNOON SOCIAL, ML 3:15 NATE ON PIANO, ML 4:15 JOHN &amp; DOG BUDDY, ML 6:30 SUNDAY CLASSICS, WS <i>THE MUSIC MAN</i></p>	<p><b>8</b> 10:00 -12:00 FLU CLINIC, WS 10:15 MUSIC THERAPY, GV 11:15 CHAIR EXERCISES, GV 1:15 FIFTY CENT BINGO, WS 3:00 HAPPY HOUR SOCIAL, ML 3:30 WORD SWEEP, ML 6:30 DOCUMENTARY, WS <i>GLENN MILLER STORY</i></p>	<p><b>9</b> 10:00 VISIT WITH BETH, EXECUTIVE DIRECTOR, WS 10:00 MEMORY CARE DRIVE 11:15 CHAIR EXERCISES, WS 1:15 BUS AROUND TOWN, ML 2:15 HAND MASSAGES, HH 3:00 AFTERNOON SOCIAL, ML 3:30 WHEEL OF FORTUNE, ML 6:30 SCRABBLE, HH</p>	<p><b>10</b> 10:00 FREE VITALS CLINIC BY INTERIM HEALTHCARE, WS 11:15 CHAIR EXERCISES, WS 1:15 OUTING: VISIT &amp; LEARN ABOUT LLAMAS ON A FARM 1:15 QWIRKLE, HH 2:15 ONE ON ONE VISITS 3:00 AFTERNOON SOCIAL, ML 3:30 SENTIMENTAL SING ALONG, ML 6:30 KINGS IN THE CORNER, HH</p>	<p><b>11</b> 10:30 INTERFAITH CHURCH WAYZATA COMMUNITY CHURCH 11:15 CHAIR EXERCISES, WS 1:15 CRAFT: FABRIC PUMPKINS 3:00 AFTERNOON SOCIAL, ML 3:30 CROSSWORD PUZZLE, ML 6:30 COOKIE BINGO, WS</p>	<p><b>12</b> 9:30 WALKING CLUB, ML 11:15 CHAIR EXERCISES, WS 1:15 BIBLE STUDY, CHAPEL 2:15 ONE ON ONE VISITS 3:00 AFTERNOON SOCIAL, ML 3:30 ENTERTAINMENT, ML THE RESISTORS: RICH &amp; GREG 6:30 FRIDAY MOVIE NIGHT, WS <i>FIELD OF DREAMS</i></p>	<p><b>13</b> 9:45 MEMORY CARE ACTIVITIES 11:15 CHAIR EXERCISES, WS 1:15 QUARTER BINGO, WS 2:15 MEMORY CARE VISITS, MC 3:00 AFTERNOON SOCIAL, ML 6:30 SATURDAY NIGHT MOVIE <i>FAR FROM THE MADDING CROWD</i></p>
<p><b>14</b> 11:00 SUNDAY BRUNCH, HP 3:00 AFTERNOON SOCIAL, ML 6:30 SUNDAY CLASSICS, WS <i>THE SPIRIT OF ST. LOUIS</i></p> 	<p><b>15</b> 10:15 MUSIC THERAPY, GV 11:15 CHAIR EXERCISES, WS 1:15 FIFTY CENT BINGO, WS 3:00 AFTERNOON SOCIAL, ML 3:30 SCATTERGORIES, ML 6:30 DOCUMENTARY, WS <i>BOB HOPE</i></p>	<p><b>16</b> 11:15 CHAIR EXERCISES, WS 1:15 BUS AROUND TOWN, ML 1:15 SCRABBLE, HH 2:15 HAND MASSAGES, HH 3:00 AFTERNOON SOCIAL, ML 3:30 TALK BY INTERIM, ML TOPIC: INCONTINENCE 6:30 SENIOR CONCERNS, WS</p>	<p><b>17</b> 11:15 CHAIR EXERCISES, WS 12:15 LUNCH OUTING: APPLE JACK ORCHARD 1:15 BEAN BAG TOSS, HH 2:15 ONE ON ONE VISITS 3:00 AFTERNOON SOCIAL, ML 3:30 HYMN SINGING, ML 6:30 KINGS IN THE CORNER, HH</p>	<p><b>18</b> 8:00 VETERANS BREAKFAST, HP 10:30 INTERFAITH CHURCH WITH REDEEMER CHURCH, CH 11:15 CHAIR EXERCISES, WS 1:00 MOVIE CLUB AND DISCUSSION, PART 1, WS MOVIE: EXTREMELY LOUD AND INCREDIBLY CLOSE 3:00 RESIDENT COUNCIL, WS 6:30 COOKIE BINGO, WS</p>	<p><b>19</b> 9:30 WALKING CLUB, ML 11:15 CHAIR EXERCISES, WS 1:00 MOVIE CLUB AND DISCUSSION, PART 2, WS MOVIE: EXTREMELY LOUD AND INCREDIBLY CLOSE 3:00 MONTHLY BIRTHDAY PARTY 3:30 ENTERTAINMENT, ML LINDA WROBEL 6:30 FRIDAY MOVIE NIGHT, WS <i>BAD NEWS BEARS</i></p>	<p><b>20</b> 9:45 MEMORY CARE ACTIVITIES 11:15 CHAIR EXERCISES, WS 1:15 DOLLAR BINGO, WS 2:15 MEMORY CARE VISITS, MC 3:00 AFTERNOON SOCIAL, ML 6:30 SATURDAY NIGHT MOVIE <i>THE QUEEN</i></p>
<p><b>21</b> 11:00 SUNDAY BRUNCH, HP 3:00 AFTERNOON SOCIAL, ML 3:15 NATE ON PIANO, ML 4:15 JOHN &amp; DOG BUDDY, ML 6:30 SUNDAY CLASSICS, WS <i>ANCHORS AWEIGH</i></p>	<p><b>22</b> 10:15 MUSIC THERAPY, GV 11:15 CHAIR EXERCISES, WS 1:15 FIFTY CENT BINGO, WS 3:00 WELCOME SOCIAL, ML 3:30 CHAT PACK, ML 6:30 DOCUMENTARY, WS <i>THE WRIGHT STUFF</i></p>	<p><b>23</b> 10:00 MEMORY CARE DRIVE 11:15 CHAIR EXERCISES, WS 1:15 BUS AROUND TOWN, ML 1:30 HEARING SOLUTIONS, SP 1:15 QWIRKLE, HH 2:15 HAND MASSAGES, HH 3:00 AFTERNOON SOCIAL, ML 3:30 JEOPARDY, WS 6:30 SCRABBLE, HH</p>	<p><b>24</b> 11:15 CHAIR EXERCISES, WS 1:15 OUTING: ARBORETUM DRIVE 1:15 RUMMIKUB, HH 2:15 ONE ON ONE VISITS 3:00 AFTERNOON SOCIAL, ML 3:30 PUTT PUTT GOLF, ML 6:30 KINGS IN THE CORNER, HH</p>	<p><b>25</b> 10:30 INTERFAITH CHURCH BY PASTOR WILLIE RAINEY, CH 11:15 CHAIR EXERCISES, WS 1:15 PAINTING CLASS, WS 3:00 AFTERNOON SOCIAL, ML 3:30 SENTIMENTAL SING ALONG, ML 6:30 COOKIE BINGO, WS</p>	<p><b>26</b> 9:30 WALKING CLUB, ML 11:15 CHAIR EXERCISES, WS 1:15 BIBLE STUDY, CHAPEL 2:15 ONE ON ONE VISITS 3:00 AFTERNOON SOCIAL, ML 3:30 ENTERTAINMENT, ML HEIDI ZIMAN 6:30 FRIDAY MOVIE NIGHT, WS <i>OCTOBER SKY</i></p>	<p><b>27</b> 9:45 MEMORY CARE ACTIVITIES 11:15 CHAIR EXERCISES, WS 1:15 QUARTER BINGO, WS 2:15 MEMORY CARE VISITS, MC 3:00 AFTERNOON SOCIAL, ML 6:30 SATURDAY NIGHT MOVIE <i>THE SECOND BEST EXOTIC MARIGOLD HOTEL</i></p>
<p><b>28</b> 11:00 SUNDAY BRUNCH, HP 3:00 AFTERNOON SOCIAL, ML 6:30 SUNDAY CLASSICS, WS <i>THE HARVEY GIRLS</i></p> 	<p><b>29</b> 10:15 MUSIC THERAPY, GV 11:15 CHAIR EXERCISES, WS 1:15 FIFTY CENT BINGO, WS 3:00 AFTERNOON SOCIAL, WS 3:30 FAMILY FEUD, WS 6:30 DOCUMENTARY, WS <i>AMELIA EARHART</i></p>	<p><b>30</b> 11:15 CHAIR EXERCISES, WS 1:15 BUS AROUND TOWN, ML 1:15 YAHTZEE, HH 2:15 HAND MASSAGES, HH 3:00 AFTERNOON SOCIAL, ML 3:30 CROSSWORD PUZZLE, ML 6:30 SCRABBLE, HH</p>	<p><b>31</b> 11:15 CHAIR EXERCISES, WS 1:15 WORD SWEEP, HH 2:15 ONE ON ONE VISITS 3:00 HALLOWEEN PARTY COSTUME CONTEST &amp; PARTY 6:30 KINGS IN THE CORNER, HH</p>	<p><b>OCTOBER</b> <b>ACTIVITIES CALENDAR</b> PLEASE NOTE THE CALENDAR IS SUBJECT TO CHANGE</p>		<p><b>HEARTS Program</b> Wellness for your Heart &amp; Soul </p> <p><b>H</b> HEALTH <b>E</b> DUCATION <b>A</b> RTS &amp; CULTURE <b>R</b> ECREATION <b>T</b> HERAPEUTIC <b>S</b> PIRITUAL</p>